

STORM PREPAREDNESS CHECKLIST

Before the storm

- Check your disaster supplies. Replace or restock as needed.
- Bring in anything that can be picked up by the wind (bicycles, lawn furniture).
- Close your windows, doors and hurricane shutters. If you do not have hurricane shutters, close and board up all windows and doors with plywood.
- Turn your refrigerator and freezer to the coldest setting. Keep them closed as much as possible so that food will last longer if the power goes out.
- Turn off propane tank.
- Unplug small appliances.
- Fill your car's gas tank.
- Create a hurricane evacuation plan with members of your household. Planning and practicing your evacuation plan minimizes confusion and fear during the event.
- Find out about your community's hurricane response plan. Plan routes to local shelters, register family members with special medical needs and make plans for your pets to be cared for.
- Obey evacuation orders. Avoid flooded roads and washed out bridges.

Recommended items to include in a basic emergency supply kit:

- One gallon of water per person per day for at least three days, for drinking and sanitation
- At least a three-day supply of non-perishable food
- Battery-powered or hand crank radio and a NOAA Weather Radio with tone alert and extra batteries for both
- Flashlight and extra batteries
- First aid kit
- A whistle to signal for help
- Dust mask, to help filter contaminated air and plastic sheeting and duct tape to shelter-in-place
- Moist towelettes, garbage bags and plastic ties for personal sanitation
- Wrench or pliers to turn off utilities
- Can opener for food (if kit contains canned food)
- Local maps
- Cell phone with chargers, inverter or solar charger

Family emergency plan

- Pick an out-of-town contact to communicate among separated family members. It may be easier call long-distance than to call across town.
- Be sure every member of your family knows the contact's phone number and has a way to call the person. If you have a cell phone, program that person as "ICE" (in case of

emergency). If you are in an accident, emergency personnel will often check your ICE listings in order to get a hold of someone you know.

- Teach family members how to use text messaging. Text messages can often get around network disruptions when a phone call can't get through.
- Subscribe to alert services. Many communities/states now have systems that will send instant text alerts or e-mails to let you know about bad weather, road closings, local emergencies, etc.

For more tips and information, visit:

<http://www.redcross.org/prepare/disaster/hurricane>

<http://www.ct.gov/dph/cwp/view.asp?a=3115&q=422248>

Phone Numbers

- 911- Emergencies that require immediate attention
- 203-452-5070 Street Flooding or Street Storm Drain Issues
- 800-722-5584 - UI emergencies (i.e. outages, down wires, etc.)
- 203-576-1010 - American Red Cross-Southeastern Fairfield County Chapter
- 203-335-0157 - Gas emergencies (i.e. outages, leaks, etc.)
- 611 - SNET emergencies (i.e. outages, down wires, etc.)
- 800-222-1222 - Connecticut Poison Control Center