



Senior Center Serving Adults Age 55+



What know-how can do®

Protect Yourself from COVID-19 Scams

Tuesday, June 16th at 1:00 PM

Join People's United Bank for a virtual Zoom call to learn about current COVID-19 scams and how to properly protect yourself and your assets.

Join Zoom Meeting

<https://zoom.us/j/8094180302?pwd=Q21kUmdKV1BnUFRwZDBuWm9UeWx3QT09>

Meeting ID: 809 418 0302 / Password: 12345

Don't have Zoom?

Dial In #: Call 1 929 205 6099 and enter in the Meeting ID and Dial In Password.

Brain Games with Danielle

Tuesday, June 16th at 9:30 AM

Join Danielle Ramos, CDP, Director of Community Relations for Cambridge Health & Rehabilitation Center, to participate in fun, stimulating brain games and trivia on Zoom!

Zoom Link: <https://zoom.us/j/97718169858>
Meeting ID: 977 1816 9858 / **Password:** 1ryYN1
(Dial in password: 179961)

Don't have Zoom?

Dial In #: 1 929 205 6099 and enter in the Meeting ID and Dial In Password.

Wellness Wednesdays

Wednesday, June 17th at 11:00 AM

Come talk about how you are coping with the COVID-19 pandemic, share experiences and connect with other senior center members via Zoom. Anyone is welcome to join.

Join Zoom Meeting

[https://zoom.us/j/91639716410?
pwd=ZytVZkI0UVcvb3pHN1lKUmcvTVZVdz09](https://zoom.us/j/91639716410?pwd=ZytVZkI0UVcvb3pHN1lKUmcvTVZVdz09)

Meeting ID: 916 3971 6410 / Password: 12345

Don't have Zoom?

Dial In #: 1 929 205 6099 and enter in the Meeting ID and Dial In Password.



Calling 911: How to Handle Your Emergency

Thursday, June 18th at 10:00 AM

Trumbull EMS will ALWAYS respond to your medical emergency 24 hours a day, 7 days a week—no matter what.

Join us Trumbull EMS Chief Leigh Goodman for an interactive discussion on best practices when calling 911, and what to expect during pandemic COVID-19 and beyond.

Join Zoom Meeting

[https://zoom.us/j/8094180302?
pwd=Q21kUmdKV1BnUFRwZDBuWm9UeWx3QT09](https://zoom.us/j/8094180302?pwd=Q21kUmdKV1BnUFRwZDBuWm9UeWx3QT09)

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