

Disabilities

This list deals with both mental and physical disabilities, as well as chronic illnesses that can impact a person's life. The books listed offer a range of views and include main characters, side characters, and/or stories related to these topics. Non-fiction titles on these topics are included at the end.

Mental disabilities:

- The secrets we bury – Y RAM
- The disturbed girl's dictionary – Y RAM
- The state of Grace – Y LUC
- Flowers for Algernon – Y KEY
- Girls like us – Y GIL
- Fade to us – Y DAY
- Running full tilt – Y CUR
- The silent boy – Y LOW
- On the spectrum – Y GOL
- Kids like us – Y REY
- The love letters of Abelard and Lily – Y CRE
- The curious incident of the dog in the night-time – FIC HAD (adult section)
- The odds of loving Grover Cleveland – Y CRA

Physical Disabilities:

This section will also contain books on chronic conditions/illnesses that may not directly be physical disabilities, but can cause or be caused by them (ex: diabetes, seizures, terminal illnesses, asthma, etc.)

- A Quiet Kind of Thunder – Y BAR
- Falling over sideways – Y SON
- The silence between us – Y GER
- Freak the Mighty – Y PHI
- The running dream – Y VAN
- Not if I see you first – Y LIN
- Blind – Y DEW
- Miss Spitfire – Y MIL
- How we roll – Y FRI
- Because you'll never meet me – Y THO
- Stuck in neutral – Y TRU
- Silence is goldfish – Y PIT
- Five feet apart – Y LIP
- Just breathe – Y MCG

- The memory book – Y AVE
- 100 days – Y MCI
- The fault in our stars – Y GRE
- The ables (series) – Y SCO
- The summer I found you – Y PER
- Mis(h)adra – Y ATA (graphic novel)
- Last pick – J WAL (children’s graphic novel)

Non-fiction:

- Teens talk about learning disabilities and differences – Y 371.9 TEE
- Laughing at my nightmare – Y 617.482 BUR
- We should hang out sometime: embarrassingly, a true story – YB SUNDQUIST, J.
- Take control of Asperger's syndrome : the official strategy guide for teens with Asperger's syndrome and nonverbal learning disorder – J 618.92 PRI (children’s section)
- Extraordinary people with disabilities – J 362.4 KEN (children’s section)
- The Complete directory for people with disabilities : a comprehensive source book for individuals and professionals. – 362.4 COM (adult section)
- It's not a perfect world, but I'll take it : 50 life lessons for teens like me who are kind of (you know) autistic – Y 616.8588 ROS