Body Image & Eating Disorders

This list will contain works related to anorexia, bulimia, binge eating/over-eating and books that address the general concept of body-image.

Fiction:

- The art of starving – Y MIL
- Skinny – Y KAS
- The year I didn't eat – Y POL
- Love and other carnivorous plants – Y GON
- Dumplin' – (trilogy) Y MUR
- 45 pounds (more or less) – Y BAR
- Wintergirls – Y AND
- Perfect – Y FRI
- To a darker shore – Y SCH
- Fat Angie – (trilogy) Y CHA
- Light enough to float – Y SEA
- Fat chance, Charlie Vega – Y MAL
- Here the whole time – Y MAR
- There's something about Sweetie – Y MEN
- And they lived – Y SAL
- The new David Espinoza – Y ACE
- What I like about me – Y GUI
- Big boned – Y WAT
- My eyes are up here – Y ZIM
- Love is in the hair - Y CAR
- TJ Powar has something to prove – Y KAU
- Louder than hunger – Y SCH
- Cursed princess club – Y LAM (graphic novel)
- Pillow Talk - Y COO (graphic novel)

Non-fiction:

- The teenage body book – Y 613.0433 MCCOY
- I've got this friend who-- : advice for teens and their friends on alcohol, drugs, eating disorders, risky behaviors, and more – Y 613.8 IVE
- Find your style : boost your body image through fashion confidence – Y 646.3 MCGRA
- Body drama : real girls, real bodies, real issues, real answers – Y 612.66 RED
- Body talk: 37 voices explore our radical anatomy – Y306.4 JEN

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- The (other) F word: a celebration of the fat & fierce – Y 306.4 MAN
- We need to talk about vaginas : an important book about vulvas, periods, puberty, and sex! - Y 612.628 ROD
- The real body manual : your visual guide to health & wellness - Y 306.4 RED