

**TOWN OF TRUMBULL  
CONNECTICUT**



Commission on Aging Meeting  
Friday, December 15, 2023  
Community Room, Stern Village  
2:00 pm

**Present:** Ron Foligno, Mark Ryan, Alissa Heilbrunn, Linda Randall, Evelyn Wiesner and Nancy Lucas

Also Present: Paulette Mack, Executive Director, Stern Village

The meeting was called to order at 2:04 pm by Mr. Foligno followed by the Pledge of Allegiance.

**Resident Comments**

No resident comments.

**Past Minutes**

Motion was made by Mrs. Wiesner to approve the minutes of November 17, 2023. Seconded by Mrs. Heilbrunn and approved with abstentions from Mrs. Wiesner and Ms. Lucas.

**Reports**

1. Secretary's Report – Mrs. Heilbrunn had no report. She will be contacting the IT Department at the Town Hall to discuss placing a page on the Town website where volunteer opportunities could be listed.
2. Stern Village Report - Ms. Mack reported:
  - a. The Housing Authority is currently updating its policies as they were out-of-date. The tenants have had an opportunity to comment on each policy being proposed. The THA Board will take all comments into consideration when deciding to approve the policies.
  - b. The lease documents are being reviewed. The last lease was dated 2016 and needed to be updated to meet State and local statutes.
  - c. Stern Village is not a part of the Town government and has minimal services provided by the Town. They are responsible for all expenses.
3. Chairman's Report – Mr. Foligno reported:

- a. The next meeting of the Building Committee will be December 20 at 5:30 pm. They will review the financials for the project. Traffic and environmental studies have been completed. Once the committee has reviewed the information, it will be sent to the Town Council for review. Cost of the building will require a referendum. It is unknown how the BOE review of its facilities will impact the outcome of this project.
  - b. Defibrillator is still waiting to be installed on the wall in the Café area.
  - c. An email was read that was sent to the First Selectman covering several topics including the composition of the Commission and volunteer page on the Website.
  - d. Senior related exercise areas were discussed with regard to the new center and parks in Town. Benches should be replaced in Twin Books Park.
  - e. Commission open positions were discussed. Ms. Wiesner will speak with the First Selectman regarding the open spots. Ms. Lucas noted a new commissioner was being sworn in and will be attending the meeting in January.
4. Senior Center Director's Report - Mr. Foligno read a report from Mrs. Jakab.
- a. The two holiday variety shows held on December 14 and 15 were sold out.
  - b. The Winter Festival will be held on December 19 from 11:00-1:00 pm which will include raffles, games, prizes and a photobooth. They collaborated with Wilton Meadows, Bridges by EPOCH, the Trumbull Health Department and Bishop Wicke.
  - c. The St. Joseph's High School choir will put on a holiday concert on December 20.
  - d. The Health Department completed another successful Matter of Balance program for the Center. Another session has been scheduled that will be done by the Fairfield University nursing students.
  - e. Earlier in the month, they collaborated with Pulse4Pulse to provide cardiovascular screenings. They completed 14 screenings and will be back at the Center again in February.
  - f. Senior Center ARPA funds from the State were applied for. Trumbull was eligible for around \$88,000. They applied for all of the funds which would go towards transportation, a new sound system, new furniture, curtains for the stage and additional programming.
  - g. Main Street Dollars has kicked off. Vouchers are available at Town Hall or the Senior Center. Each resident is eligible to receive two vouchers good for \$10 off a \$20 purchase. Businesses include City Line Florist, Pure Poetry, Plaskos, Escapology, Experiment VR and Next Chapter Books.

### **Old Business**

- 1. Mr. Ryan reviewed the Town Charter with regard to the Commission noting it is an advisory body to the Director of the Senior Center and the Director of Parks and Recreation. It was suggested Mr. Paris be invited to a future meeting to discuss and share ideas of how the Commission and Parks and Recreation can work together on projects for the seniors. Mr. Ryan will contact Mr. Paris.

**New Business**

1. Approval of Meeting Dates for 2024 – Motion was made by Mrs. Wiesner to accept the dates and locations for the forthcoming meetings of the Commission as discussed. Seconded by Mrs. Randall and approved by unanimous consent.
2. Election of Officers – Mr. Ryan nominated Mr. Foligno for the position of Chairman. Seconded by Mrs. Wiesner and approved by unanimous consent. Mrs. Wiesner nominated Mr. Ryan for the position of Vice-Chairman. Seconded by Mrs. Randall and approved by unanimous consent.

**Next Meeting** – January 26, 2024.

**Adjournment**

**There being no further business, motion was made by Mr. Ryan to adjourn the meeting at 3:00 pm and approved by unanimous consent.**

Respectfully submitted,

Barbara Crandall  
Clerk