

**TOWN OF TRUMBULL
CONNECTICUT**



Commission on Aging Virtual Meeting
Friday, October 22, 2021
10:00 am

The Commission on Aging held a virtual meeting on Friday, October 22, 2021.

Present: Ron Foligno, Michael Ganino and Alissa Heilbrunn

Also Present: Michele Jacob, Director of Human Services

Absent: Marcy Kelley, Mark Ryan, Jean DaRold and Evelyn Wiesner

The meeting was called to order at 10:15 am by Mr. Foligno in the absence of the Chairman followed by the Pledge of Allegiance. Due to lack of a quorum, this meeting was held for information purposes only.

Past Minutes: No quorum to approve minutes.

Secretary's Report

No report.

Director's Report

Mrs. Jakab reported the following:

1. The Thanksgiving holiday and the holiday gift program is approaching and the department is requesting monetary donations or gift cards from local restaurants or retailers that can be given to their clients. Any organizations who want to do a food drive need to speak with the staff as space is limited.
2. The Center hosts a Thanksgiving dinner for everyone, there is a coat drive for children as well as a toy drive where they distribute gift cards to families to purchase gifts for their family. Christmas dinner will be hosted in December.
3. COLA increase for Social Security was just announced at 5.9%. They do not know yet what the Medicare Part B premium will be.
4. Mrs. Jakab attended her first meeting with the State Task Force on Preventing Elder Fraud. This is a group of professionals that are meeting to try to prevent individuals from taking advantage of seniors. Areas of focus will be about applying for Medicaid and Long-Term Care. They want to make sure no one is benefiting or exploiting the seniors through this process.
5. The Town is offering a temporary food service program to residents affected by COVID in any way, regardless of age or income. There are currently eight local participating restaurants. Anyone interested should call the Senior Center for information.
6. Pickle ball is starting next month. Almost all of the programs and activities are back. They are keeping the ZOOM programs which will be helpful in the winter if there is a snow day because the programs would not need to be cancelled.

7. Energy assistance is available through Social Services for anyone who is having trouble with their heating bills. They are also available to assist if a resident is faced with utility shut off.

Mrs. Heilbrunn asked if there were any coat drives for adults. Mrs. Jakab will share any information with her regarding local drives.

Mr. Foligno inquired about attendance on the ZOOM programs. Mrs. Jakab noted they have several exercise programs and have anywhere between 10 to 20 participants depending on the level of difficulty. They have lectures, art classes and Bingo through ZOOM also.

Chairman's Report

No report.

Old Business

No Old Business.

New Business

Mr. Ganino would like to discuss at the next meeting the creation of subcommittees.

Adjournment

The meeting was adjourned at 10:21 am by Mr. Foligno.

Respectfully submitted,

Barbara Crandall
Clerk