

Commission on Aging

**TOWN OF TRUMBULL  
CONNECTICUT**

Town Hall  
5866 Main Street  
Trumbull, Connecticut 06611



Trumbull Commission on Aging Meeting  
December 15, 2023  
2:00 pm  
Stern Village Community Room

**AGENDA**

**Call To Order/Pledge of Allegiance**

**Resident Comments**

**Approval of Past Minutes – November 17, 2023**

**Reports**

1. Secretary's Report – Mrs. Heilbrunn
2. Senior Center Director's Report - Mrs. Jakab
3. Stern Village Report – Ms. Mack
4. Chairman's Report

**Old Business**

1. Discussion of Commission Projects and New Ideas

**New Business**

1. Election of Officers
2. Approval of Meeting Dates 2024

**Adjournment**

**Next Meeting – January 25, 2024**

**TOWN OF TRUMBULL  
CONNECTICUT**



Commission on Aging Meeting  
Friday, November 17, 2023  
Town Council Chambers, Trumbull Town Hall  
2:00 pm

**Present:** Ron Foligno, Mark Ryan, Alissa Heilbrunn and Linda Randall

**Absent:** Evelyn Wiesner and Nancy Lucas

The meeting was called to order at 2:03 pm by Mr. Foligno followed by the Pledge of Allegiance. A quorum was not present. All votes were tabled until the December meeting.

**Resident Comments**

No resident comments.

**Past Minutes**

Approval of the minutes of September 29, 2023 was tabled until the December meeting.

**Reports**

1. Secretary's Report – No report.
2. Senior Center Director's Report - Ronnie Morgensen represented the Senior Center Director noting the Center has been very busy.
  - a. A holiday concert by the St. Joseph High School Choir is scheduled for December 20. This is in addition to the Christmas Show.
  - b. A winter festival with games, prizes, raffles and a photobooth will be held during lunch on December 19.
  - c. Cardiovascular Screening will be held on December 5.
3. Stern Village Report - No report. Ms. Mack was unable to attend.
4. Chairman's Report – No formal report.

**Old Business**

1. Defibrillator – Ms. Morgensen confirmed the unit has been received and is waiting to be hung in the lunch room.

2. Seniors in the Schools – Mr. Foligno reviewed the history of the program. He noted that Dr. Semmel and the Principal at Frenchtown have been very receptive to the idea but finding volunteers to assist is still a problem. The program was tabled.
3. Update on Status of New Senior Center – Mr. Foligno noted the Building Committee is awaiting final plans and financials. The Committee received a very large document to review recapping the current project. The next meeting of the Committee is December 13 at 7:00 pm.
4. Senior Business Discount Program – Mr. Foligno reviewed the program and Ms. Bakalar’s comments regarding the Senior Business Discount Program and the Main Street Dollars Program. After discussion, it was agreed to table the Senior Business Discount Program as it seems to be conflicting.
5. Duties as Enumerated by Trumbull Town Council/Commission Focus – The Commission discussed the role of the group as designated by the Town Charter. Mr. Foligno referred to the Charter and a regulation from the State that provides assistance to seniors and how the Commission functions within those documents. After discussion, the following suggestions were made:
  - a. Designate an area on the Town website to actively recruit seniors to volunteer in their area of interest.
  - b. Forward needs/visions to the Town that would assist the seniors to be more active such as more benches along walking paths or exercise stations.
  - c. Work to generate enthusiasm for the new proposed Senior Center.
  - d. Broadcast Commission on Aging meetings at the Senior Center so they are more readily available for viewing.

#### **New Business**

1. Commission Vacancies – to be discussed with the First Selectman.
2. Election of Officers – tabled until the December meeting.
3. Approval of Meeting Dates 2024 – tabled until the December meeting.

**Next Meeting** – December 15, 2023.

#### **Adjournment**

**There being no further business, motion was made by Mrs. Heilbrunn to adjourn the meeting at 3:04 pm and approved by unanimous consent.**

Respectfully submitted,

Barbara Crandall  
Clerk