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FOR IMMEDIATE RELEASE
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GYM PATRONS WARNED OF CAR THEFTS IN TRUMBULL

Trumbull Police are alerting local residents who visit area gyms that they are being targeted for car theft while they spend time with their workout.

Specifically, the L.A. Fitness gym located at the Westfield Trumbull Shopping Mall has been the site of eight (8) car thefts over the past month. In every case the vehicle owners had left their keys unattended, either inside of clothing articles or in gym lockers that were unsecured. Police have been working closely with mall security and gym management to warn patrons of this recent theft trend and to identify those responsible.

Police would like to remind citizens to always safeguard their valuables and vehicles by keeping their keys with them or in a trusted location at all times while they exercise. Leaving these items in unlocked lockers or in the pockets of your clothing placed in the gym area at fitness clubs is providing an easy target for thieves.

In addition, holiday shoppers are reminded to follow basic safety practices when they park in any lot:

- Park in a secure well-lit location
- Lock your vehicle doors and take keys with you
- Don't leave valuables out in plain sight, lock them in a trunk or take them with you.

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