

**SENIOR CITIZEN COMMISSION**  
**June 28, 2013**

The Senior Citizen Commission, of the Town of Trumbull, held a scheduled meeting on June 28, 2013 in the First Selectman's Conference Room in the Trumbull Town Hall.

Members Present: Rachel Yahwak, Chairperson  
Roberta Bellows, Gary Raytar, Helen Weinstein, Dee Chiota, and  
alternates Linda Harris and Dorothy Merritt

Members Not Present: Amy DeZenzo, and Rita Grossi

Also Not Present: Jean Fereira, Senior Center Director

The following is a brief summary of the meeting.

A quorum being present, the Chairperson called the meeting to order at 10:05 a.m.

**Public Comments**

A current member of the Trumbull Senior Center, Sylvia Ashkenazi, stated to the Commission that she has been attending the Zumba classes at the Trumbull Senior Center on Tuesday mornings for about 1 year. Due to the attendance of many non-residents, the classes have become extremely crowded. The conditions of these classes have become unfavorable at the Center, with one class bringing in 40 participants. The Commission will speak to the Director of the Center. She also noted that the Fit For Life classes are having the same problem.

**Approval of Minutes**

Motion made by Dee Chiota and seconded by Dorothy Merritt to accept the minutes of May 24, 2013, as corrected. Vote was unanimous. Motion carried.

The amendments to the May 24, 2013 meeting minutes are as follows:

1. In the Members Present/Not Present section at the top of page 1, Joan Mehlhorn should be listed as not present. All members should be listed as present or not present in the meeting minutes.
2. On page 3, under the Old Business section, it should read, "Chairperson Yahwak noted that all policies and fees are in place, and new memberships will be starting in July." It should not say June.

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## **Secretary's Report**

Ms. Helen Weinstein said that is was a quiet month, and there was nothing outstanding. There was nothing further to report.

## **Chairman's Report**

Chairwoman Yahwak noted that July registration has begun, and help is needed to begin getting the July newsletters circulated. Ms. Bellows, Ms. Mehlhorn, and Ms. Chiota volunteered to assist with this. She also mentioned several upcoming special events that are currently being planned.

There will be an upcoming meeting in July to discuss the Health Fair, and a lot of people have been calling about the Fair. On July 12, Precision Hearing is sponsoring a Lunch and Learn event at the Senior Center. This will provide seniors with facts about hearing tests, and will address other hearing concerns they may have, and it is free of charge.

On July 19, Synergy Homecare of Fairfield will be sponsoring a Bingo game, and possibly on July 14, there will be the monthly Birthday Party. In June, 11 people attended this event. It is expected that more people will attend in July. This will be sponsored by Middlebrook Farms of Trumbull.

The Smile a While group will be further discussed in the next meeting.

Chairwoman Yahwak also discussed with Commissioners items to be thought about during the summer, such as the Red Hats Club, and the Poker Players Club. She noted that all groups meeting at the Senior Center are open to everyone who would like to be a member.

## **Director's Report**

Ms. Merritt mentioned that many seniors still prefer to pick up the monthly newsletter rather than have it mailed to them.

She also discussed the monthly Financial Reports received from the Director, Ms. Jean Ferreira. She noted that no receipts were received with the report, so she will be unable to verify them at this time. She stated that there was a \$11.94 error in expenses that will be corrected. The correct total of the report should be \$35,325.47. The June report of income was \$1,346.00. Smile a While's remaining funds were also discussed, and this will be tabled until the next meeting. Ms. Merritt will consult with Ms. Ferreira regarding the reports, and the statement is not yet approved.

## **Old Business**

Commissioner Gary Raytar reported that he is waiting to hear back from the GBT. He has met with Economic Development, and will report back to the Commission regarding this issue.

The Senior Brochure was discussed. It was recently given to the Town Attorney to review. The Commission will also review it and return it to him for any further needed revisions. The plan is that it will be finalized by September.

The Health Fair was further discussed, and it is planned to be held in September. Volunteers were requested to help with this event. It was noted that all of the Commissioners would be willing to assist. Help was also requested from Chairwoman Yahwak regarding the memberships and newsletters. There was a recent problem with the newsletters, and they had to be resent. The problem has been resolved.

The Survey/Audit Committee was also discussed.

Chief of Staff Elaine Wang discussed the refrigerator purchase that is being considered for the Senior Center. Globe Electric is being looked into as a qualified bidder for this purchase. She also noted that the freezer has to be separate from the commercial refrigerator, but depending on what is needed, it is possible that bags of ice or an icemaker can be purchased separately. The Director of Health needs to be consulted regarding this issue, and this will be tabled until the next meeting.

## **New Business**

Ms. Merritt mentioned that the television at the Senior Center is not being used as much as it could be. She discussed the possibility of starting a movie program at the Center. Ms. Mehlhorn noted that the television was purchased approximately 3 years ago. The possibility of a Wii Tournament was also discussed. Ms. Merritt will discuss this further with Mr. Allen White. This will also be tabled until the next meeting.

Mr. Raytar mentioned the upcoming Barnum Festival Parade, and noted that they will be collecting food for the food bank.

There being no further business to discuss, a motion was made by Joan Mehlhorn and seconded by Dorothy Merritt to adjourn the meeting at 11:10 a.m. Vote was unanimous. Motion carried.

**Respectfully Submitted,**

**Dawn Kosarko  
Clerk**